

Waiver and Release of Liability

In consideration of being allowed to participate in any way in the River Heights Parks & Recreation athletic sports program and related events and activities, the undersigned:

Agrees that prior to participation they and their minor participant will inspect the facilities and equipment to be used, and if they believe anything is unsafe, they will immediately advise their coach or supervisor of such conditions(s) and refuse to participate.

Acknowledges and fully understands that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inaction's or negligence but the actions, inactions or negligence of others, the rules of play, or conditions of the premises or of any equipment used. Further, that there may be other risks not known or not reasonably foreseeable at this time.

Assumes all the foregoing risks and accepts personal responsibility for the damages following such injury, permanent disability or death.

Intending to be legally bound, hereby releases, waives, discharges and covenants not to sue River Heights City, and its affiliated organizations, their respective administrators, officers, directors, agents, coaches and other employees or volunteers of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasees of premises used to conduct the event, all of which are hereinafter referring to as "releasees" from any and all liability to the applicant or undersigned, his or hers and next of kin for any claims, demands, losses, or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the release or otherwise in connection with association or entry in and/or arising out of traveling to, participation in and returning from this event.

In the event that injury or illness is sustained while participating in this activity, authorization is hereby given for emergency first aid, medication, medical treatment or surgery deemed necessary by licensed medical personnel. Permission is also granted for attending medical personnel to execute permission forms or other necessary medical documents and to act in their behalf, if they're not immediately available to do so. Should any provision within this release found to be unenforceable by a court of law, the remaining provisions shall remain in full force and effect.

Consents to allow a picture of their minor participant to appear in any official documentary, promotional, exclusive television, radio or film coverage of the parks and recreation department in any manner incidental to participation in this activity of the River Heights Parks and Recreation Department, without compensation.

Signature of Parent or Legal Guardian

Date